

From Me to You – The Christ Letters for the Second Coming 28

February: Consideration for the Body

(Correlates with [Soul Chapter 8 February: Consideration for the Body](#))

Saturday, February 15, 2025 6:00am

1. The theme this month is consideration for the body. Good morning to the Christ Community. We are one body. We are mortal and we are divine. You are each both. I gave up direct experience with mortality long ago and yet I experience it indirectly through each of you. We are one body. We are one conjoined soul.

2. What can I say to supplement this month's theme from Soul in the Driver's Seat's Gift of Wisdom. I have a lot to say about the body, starting with this. Try to step away from the old ideas about it. Taking care of it shouldn't be worrisome. It shouldn't be a part-time job to try and prevent it from breaking down. Let us take care of it, dear ones. Let us drive the mind-body vehicle. Let your body be what it wants to be, instead of what you want it to be or what society wants it to be. Don't worry if its weight doesn't match up with numbers on a chart for ideal weight. Don't worry if it can't see as well, or hear as well, or move as fast, or think as rapidly or accurately. Love these aspects of your temporary home. You have pushed it to its limits at times. It may be beaten up here and there, but it's still here. Love and appreciate it as it is and don't worry about it.

3. Love,
Mother Mary

End Time 6:17am

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Saturday, February 15, 2025 6:30am

1. To continue. Even with your failing memory, joint pain, and dentures, try to remember a time not too, too long ago, when you thought that you were a body. You may have even gone to extremes to make it look attractive to others. Maybe you wanted to use the body to convey ideas like strength, vitality, masculinity, and femininity. Now, you each know that the body is to be in service to the soul, to God Herself, and not any limited human idea. This change in purpose from ego to soul is revolutionary dear ones. It removes a major burden from the body's experience. It is no longer a slave to a slave master, the ego. Now, the body is free because the soul is free. Look around you. What do you see? You don't see much freedom out there. There is imprisonment to ideas and expectations. Are the people running through the park because they love running or for some other reason, maybe one that is unknown to them? Why do people lift heavy tires and crawl through the mud? Why do they eat salads that they may not even like? Count yourselves among the lucky few, Christs. You are free. If you're brave enough, walk in the rain and let it ruin your hairstyle and make the makeup run down your face. Go out into nature whenever possible. Enjoy the cold weather, the hot weather, the perfect conditions, and the extreme ones. Let your body follow its new lord and master, freedom from tyranny of the fearful ego. Be free. Be free from worry. Be free from expectations. Stop caring what others may think or say about you. Slaves are always jealous of those who are free. Let your soul do the job it was always meant to do, which is to care for the body with love.

2. I will be with you once again in March, Christs. It will be one of my very favorite topics! Until then, relax and watch the ego's parade go by from a safe distance.

3. Love,
Mother Mary

End Time 6:57am