

Reflections of Christ, an Honest Look into Love's Mirror Week 3

Sunday, May 29, 2022 4:00 am

1. Reflection for serious contemplation, journaling, or discussion:

Can the human brain adapt to a new technology taking over the operation of the body and mind?

2. Daily Applications:

3. Beginning of the Week Affirmation:

I Am the here and now.

4. Day 1

AM

Am I at peace with my own past, however dark and painful it may have been?

Mid-Day

Can I move any and all obstacles out of my own way?

PM

Can I turn off my brain's incessant chatter so my heart or soul can lead the way?

5. Day 2

AM

Has there been a time when my soul has had its fill of spiritual knowledge-gathering?

Mid-Day

What is spiritual knowledge for if my soul already knows it?

PM

If spiritual knowledge is for my brain, when did I or when will I allow my soul to put it into action?

6. Day 3

AM

If the spiritual path is a deliberate movement from the abstract to the practical, how should I proceed?

Mid-Day

Have I ever felt stuck in a spiritual sense?

PM

What has helped me to process all that life has thrown my way?

7. Mid-Week Affirmation:

I Am all that I can be.

8. Day 4

AM

How do I process the tragic aspects of life?

Mid-Day

Do I practice acceptance and forgiveness?

PM

Do I see God as a growing mechanism in others or do I just see the failed opportunities?

Follow-Up Question: Do I see God or do I see a murderer or rapist?

9. Day 5

AM

What exactly was the purpose of my own spiritual revolution?

Mid-Day

Can my own outlook affect the evolution and development of what I see?

PM

Was the spiritual path all about me?

Follow Up Question: If it was, at what point does it shift to being about the support and development of others?

10. Day 6

AM

Is my own soul an aspect of the Divine source of life?

Mid-Day

Do I know my own soul?

PM

How is my soul the same or different from the entity I used to think I was?

11. Day 7

AM

How can I look at world events help to alter them?

Mid-Day

If I have left human thinking to any degree whatsoever, can I continue to leave increasing amounts of it until none is left?

PM

Do I deeply understand that the characters I've played all helped me to find my true identity, through thick and thin?

12. End of Week Affirmation:

I Am a vehicle for God. Where I go. God goes because I Am a microcosm of God. I Am the Christ. I Am God in mankind. I Am God as a woman, but I Am not strictly the woman. I Am God as a man, but I Am not strictly the man. I Am the totality of my form and my essence. I Am God's whisper.

End Time: 4:40 am